

SEPTEMBER 2025

COMMUNITY SERVICE DEPARTMENT MONTHLY REPORT



MEDICAL CAMP @ His/Her Place T- Nagar



The Rotary Club of Madras in Collaboration with Sundaram Medical Foundation, successfully conducted a free medical camp on September 25th, 2025, at T. Nagar, Chennai.

Beneficiaries received comprehensive medical services, including free examinations, consultations, and prescription medications, at the camp.



Rs.4800

Worth of Medicines



The medical team identified and treated common health issues such as diabetes, anemia, body pain, and seasonal diseases. Additionally, the importance of routine health screenings and preventive healthcare measures was emphasized during the camp.



122

Beneficiaries



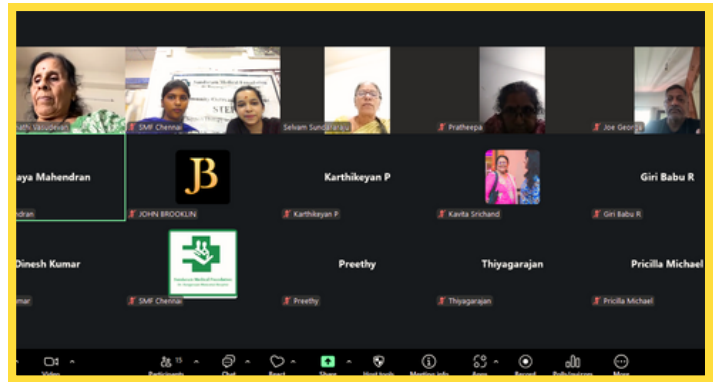
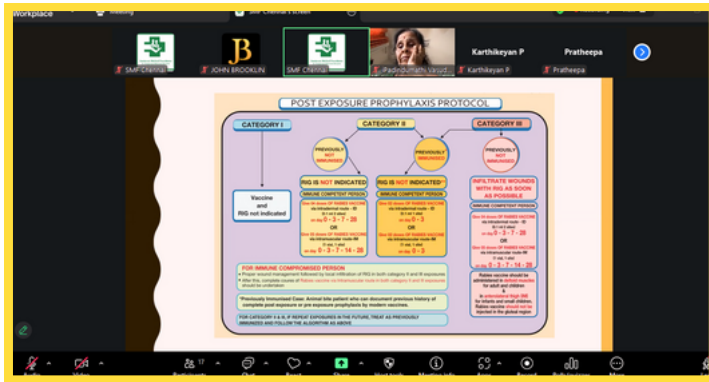
DGN Dr Vijaya Bharathi Rangarajan, Rtn.Arjun, Rtn.Bharat M Pujarao, Rtn.Nimish, Rtn.Jayachandran, Rtn.Vijaya Balaji, Rtn.Amandeep Pandari, Vedavyas (General Secretary RedCross) Visited during the medical camp



SUPPORT THERAPY TO EDUUCATE PEOPLE



The Community Service Department of Sundaram Medical Foundation (SMF) conducted a STEP Program on September 27, 2025, in observance of World Rabies Day. **Dr. Ashwathi Praveenkumar (SMF) led the session “Bite Back at Rabies: Know the Signs, Stop the Spread”**, focusing on rabies awareness, prevention, vaccination, and the Post Exposure Prophylaxis (PEP) protocol with three exposure categories. A total of **30 beneficiaries** participated actively, raising questions and clarifying their doubts on rabies prevention and vaccination



PLASTIC WASTE MANAGEMENT



The Tamil Nadu Pollution Control Board (TNPCB) initiated an awareness campaign to sensitize students on the harmful effects of plastic on the environment. In alignment with this initiative, Sundaram Medical Foundation's Community Service Department, in collaboration with Bisleri CSR, carried out the Plastic Zero Waste Management Program, through which 90 kg of plastic waste was collected in September 2025.



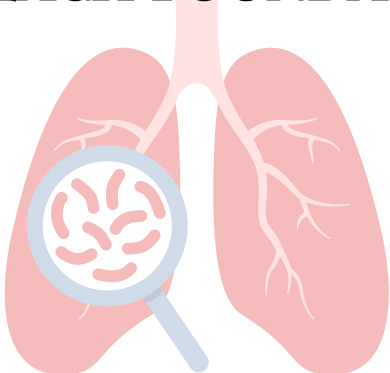
YOGA SESSION

The Community Service Department of Sundaram Medical Foundation conducted regular yoga classes at the Adi Dravidar Tribal Welfare School (SAP School) for students of Grades 6 to 9. The sessions, facilitated by Mrs. Selvam, a CANSTOP volunteer, were held every Tuesday and Thursday with the objective of improving the students' physical fitness and mental wellness.

The program encouraged a healthy and well-rounded lifestyle, providing valuable benefits to the students. The sessions aimed to promote the overall development of the participants, while consistent yoga practice helped them build discipline and concentration.



REACH FOUNDATION



In the month of September 2025, 24 beneficiaries received tuberculosis intervention services

FIRST AID KIT DISTRIBUTION

Sundaram Medical Foundation donated 9 First Aid Kits worth Rs. 4,000 to the WIA Children's Home. This donation will help take care of the children in case of small injuries or health needs.





ABC (All a'Bout Cancer)

INTER-SCHOOL COMPETITION

SEPTEMBER 3, 2025 @ MCC HR SEC SCHOOL, CHETPET



ABC EXHIBITION 2025

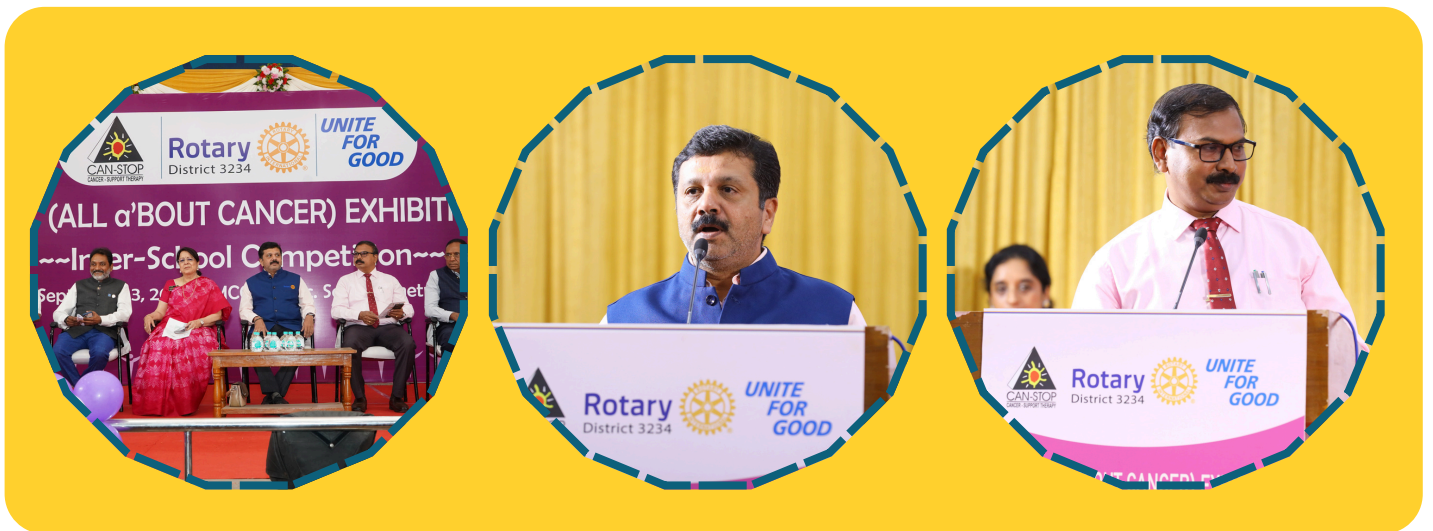
The ABC "All a'Bout Cancer" Exhibition, an annual inter-school competition organized by CANSTOP, successfully completed its 14th edition on September 3rd, 2025. This event, held at Madras Christian College Higher Secondary School (MCC), Chetpet, aimed to create mass awareness among students and the public about various cancer-related topics through informative stalls.

Since its inception in 2001, the ABC Exhibition has been conducted for 13 years, educating over 16,000 students with the support of schools in and around Chennai. This year's event marked a significant milestone in continuing the mission to spread awareness and promote cancer education.



Inauguration Ceremony

The event commenced with a traditional and patriotic start, featuring the lighting of the lamp, the rendition of Tamizhthai Vazhthu, and the singing of the National Anthem. This dignified beginning set the stage for a meaningful celebration of cancer awareness and education.. The ceremony was graced by esteemed guests, including Rtn N S Saravanan, Past District Governor, Mr. G Jebadoss Thinakaran, Headmaster of MCC Hr Sec School, Chennai, and AKS DGN Dr. Vijaya Bharathi Rangarajan, Founder of CANSTOP, Trustee & Director - SMF. Their presence and contributions helped shape a meaningful agenda for the event, focusing on the crucial role of cancer awareness and education.



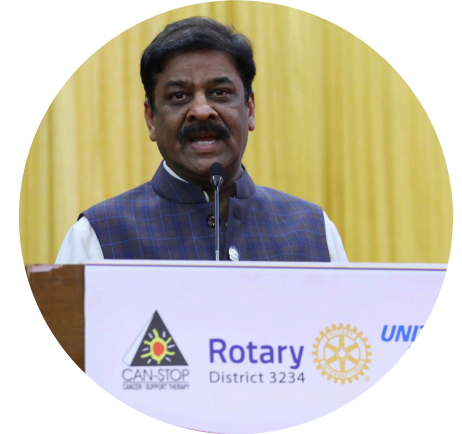
COMPETITIONS

The ABC "All a'Bout Cancer" Exhibition was a vibrant one-day event featuring a range of engaging competitions. These included 36 Information Stalls, a Painting competition with 125 students, 31 groups competing in Skits, 51 groups participating in Quizzes, Oratorical competitions in Tamil (52 students) and English (50 students), and a Photography competition with 37 participants. With around 1200 students from 75 different schools across Chennai participating, the event was a resounding success in spreading cancer awareness.



Valedictory Ceremony

The valedictory ceremony of the ABC "All a'Bout Cancer" Exhibition commenced with an inspiring performance by Mr. Hrithik, Super Singer Jr and Ms. Harshini Kishore, Saregamapa followed by a soulful invocation song. Rtn. Durga and Rtr. Pavithra skillfully hosted the event as the masters of ceremony. DGN Dr. Vijaya Bharathi Rangarajan warmly welcomed the guests, introducing the event's concept and emphasizing its crucial role in spreading cancer awareness. The program featured a dignified felicitation of guests, impressive performances by the winners of Oratorical competitions in English and Tamil, and thought-provoking addresses by esteemed guests. Dr. Y S. Chandan, Neurosurgeon, delivered a captivating speech on "The most Fascinating Place you'll Ever Visit - Your Own Brain." The Chief Guest, AKS Rtn Vinod Saraogi, District Governor and the Guest of Honour District Governor Elect Rtn. Suresh Jain, distributed prizes to the winners, including rolling trophies and cash awards to the top three schools. Spartan Matric Higher Secondary School emerged as the overall champions, while Government High School, Kumizhi, won a special prize. Rtn. Suryanarayana Rao delivered the vote of thanks, expressing heartfelt gratitude to participants, sponsors, and organizers. The ceremony concluded with refreshments, certificate, and bag distribution, marking the successful culmination of the event.



We extend our heartfelt gratitude to all participants, Teacher coordinators, Rotarians, Rotaractors, CANSTOP volunteers, sponsors, and participating clubs for their invaluable contributions to the success of the ABC "All a'Bout Cancer" Exhibition. Your support and enthusiasm have made a significant impact in spreading cancer awareness.





SPARTAN MATRIC SCHOOL - 1ST PRICE



GHS KUMIZHI GOVT. SCHOOL - SPECIAL PRICE

PRIZE WINNERS :

First Prize: Spartan Matriculation Higher Secondary School won the first prize, taking the Rolling Trophy and a cash prize of ₹30,000.

Second Prize: Anna Adarsh Matriculation Higher Secondary School secured the second position and won a cash prize of ₹25,000.

Third Prize: SBOA Junior College and School claimed the third spot and won a cash prize of ₹20,000.

Special Prize: Government high school, Kumizhi secured the Special Prize and won a cash prize of ₹30,000.

Consolation prize winning schools :

- Heartfulness international school - omega branch
- Alpha Matric higher sec school
- Alpha CBSE school
- Dr Nalli kuppaswami vivekananda vidyalaya junior college
- Chinmaya Vidyalaya
- Vel Tech Dr. RR & DR.Sr Matric. Hr. Sec. School
- T.M.M.S. Shanmuga Sundaram & A.P Samy Matriculation School
- K.C.Sankaralinga Nadar higher secondary school
- Sri RKM Sarada Vidyalaya Girls' Hr.Sec.School



NEWS ARTICLES



THE HINDU - DOWNTOWN

THE NEW INDIAN EXPRESS

CHENNAI GLITZ

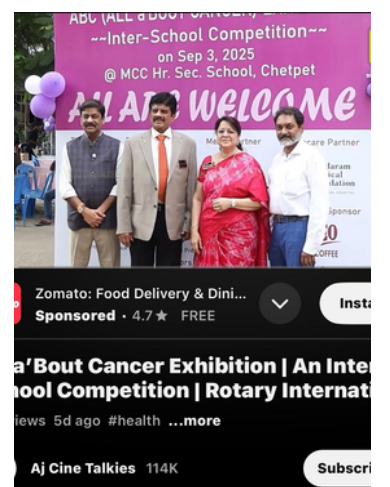
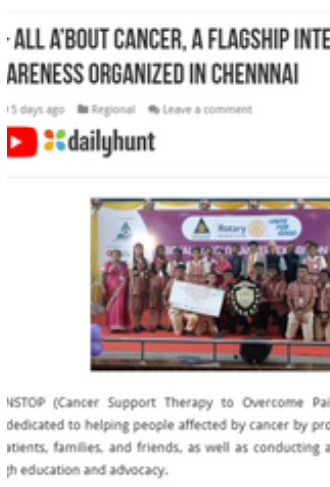


THEEKATHIR TAMIL NEWSPAPER

DINAKURAL PAPAER

CHENNAI VISION

CHENNAI EXPRESS



LIFE AND TRENDS

MATRIBHUMI SAMACHAR

VMR360 Youtube channel

AJ CINE TALKIES Youtube channel



CANSTOP

ROSE DAY CELEBRATION

Rose Day was joyfully celebrated at ICH & IOG, Egmore, spreading love and smiles to all cancer patients.

On September 22, 2025, CANSTOP organized a heartwarming Rose Day celebration at the Institute of Child Health (ICH) and the Institute of Obstetrics and Gynecology and Government General Hospital (IOG) in Egmore. The event was held in honor of cancer patients, spreading hope, empathy, and compassion, commemorating Melinda Rose, a 12-year-old cancer patient who inspired many with her courage and positivity. The celebration aimed to spread love, care, and hope to those affected by cancer.

Additionally, handmade roses were distributed to patients, attenders, and staff in the wards. A total of 88 gifts were distributed to patients in both ICH and IOG, bringing smiles and warmth to their faces.

The celebration included a mimicry session by Mr. Hariharan, a meditation session conducted by Ms. Senkodi and Ms. Deepthi from the Art of Living Foundation, and the distribution of gifts such as tiffin boxes and bedsheets to patients.

Dr. Vijaya Bharathi Rangarajan, Founder & Director of CANSTOP, participated in the celebration, along with CANSTOP volunteers Ms. Selvam, Ms. Girishma, and Mr. Ramesh. The event was held at two timings - 11:00 AM at the Radiation Ward, IOG, and 12:00 PM at ICH.

Thanks to Our Volunteers

We extend our heartfelt gratitude to the CANSTOP volunteers for their valuable participation and contribution to making the Rose Day celebration a success. Their dedication and commitment to spreading joy and positivity are truly appreciated. We would also like to extend our sincere thanks to our generous sponsors who supported us in making this event possible, helping us spread love and care to those affected by cancer.



CANSTOP INFORMATION STALL



On September 21, 2025, CANSTOP participated in the Terry Fox Run held at Island Grounds. As part of our outreach efforts, an information stall was set up to promote the organization and raise awareness about our initiatives, including the upcoming annual walkathon. The stall provided visitors with comprehensive details about CANSTOP's programs and services, highlighting our commitment to cancer awareness, early detection, and support for patients and their families. This event offered an excellent platform to increase public engagement and strengthen visibility for our organization's mission.

NUTRITION PROJECT

On Tuesdays, Thursdays, and Saturdays, CANSTOP consistently conducted visits to the Institute of Obstetrics and Gynaecology and the Institute of Child Health.

Distributed Tender Coconuts at IOG, with a total value of Rs.20,596/- in the month of September

Provided Pediasure at ICH, With a total value of Rs.7800/- in the month of September

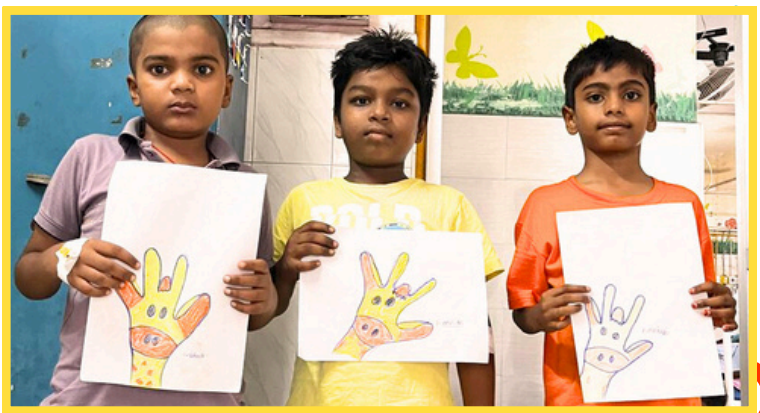
Through focused nutrition education and sustained counseling, our team ensures meaningful support that empowers patients.



ART & PLAY THERAPY



At ICH, CANSTOP's art and play therapy sessions spark smiles on young patients' faces, as they explore creativity through crafts and fun activities, bringing happiness amidst treatment.



CANNEST HOME



In September 2025, CANNEST Home hosted 263 families, offering a nurturing environment and organizing activities for children, facilitated by the dedication of volunteers and social workers.

DRUG BANK



Shoba Bhai, a patient at the Institute of Obstetrics and Gynaecology (IOG), Egmore, was provided with a Fentanyl patch, which is used for pain management, as she was experiencing pain in her last stage of illness. Her spouse had requested the patch to help alleviate her suffering. The cost associated with the Fentanyl patch was Rs. 3000/-.

HOPE CHEST



Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffin Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

Note: Make sure the items are in good condition

Join us and make your contributions to the cancer patients at Govt. Hospitals.

CANSTOP's Hope chest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily . In the month of September 2025, a total of 5 families got help from the Hope Chest.



SPONSOR DETAIL

S.No	Sponsors	Project	Amount
1	Ms Padmini Rangarajan	Cannest	500000
2	Dayachandh Malhothra	Cannest	20000
3	P.K Pharma	Cancer Awareness	20000
4	Sree Sai Enterprises	Cancer Awareness	20000
5	Medicine Chamber	Cancer Awareness	10000
6	Sai Guha Pharma	Cannest	2000
7	Safemed devices	Cannest	2000
8	Mrs. Vijaya Mahendran	Cannest	1000
9	Mr Anatharaman	Cannest	120
10	Rotary Club Of Madras Central	ABC Event	37500
	Total		6,12,120

INKIND SPONSORS

IN - KIND SPONSORS			
S.NO	SPONSORS	PARTICULARS	WORTH IN RUPEES
1	Mrs Selvam	Garlic 1kg & Black Sundal	450
2	Ms Rekha	Tiffin Boxes (Rose Day Gifts @ICH & IOG)	7000
3	Ms Darshana	Oil 20 ltr, Moondal 10kg, Sambardal 10kg, Rawrice 25kg, Whiteurad gram 10kg, Idly rice 25kg	9000
4	Chennai food Bank	Boiled rice 70kg & Provision	3500
5	Ms Sofiya Santha J	Fentanyl Patch (Painkiller Patch)	2000
Total			25950



VOLUNTEER CONTRIBUTION

The CANSTOP Team sincerely acknowledges our committed volunteers, whose endless dedication, strong determination, and inspiring enthusiasm have been the key force behind the success of our programs.

**Volunteers - Ms Origanti, Ms Selvam, Ms Vijaya Mahendran, Dr. Senthil,
Ms.Indhumathi, Ms Grishma & Mr Ramesh**

HELPLINE SERVICES

Totally calls were received in the CAN-STOP Help line number
85 Calls for STEP Program
04 Calls for Counseling
03 Calls for Blood request at Government Hospital



**For more information
contact us through:
044-26284256 /9941007688**



**For your kind contribution:
CAN-STOP is eligible for
50% Tax Exemptions under
Section 80G of Income Tax
Act. Cheques can be drawn
in favour of CAN-STOP**

